



Buenas noches, juegos tranquilos para antes de ir a dormir

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A beautifully illustrated and charming book intended as a companion for a child to look at bedtime, on his or her own and perhaps especially when struggling to get to sleep. This is essentially a picture book, with some twenty pages of puzzles, mazes, quizzes, pairing games, spot-the-difference, brain-teasers and so on. There is some text, including pages explaining the derivation of certain phrases, descriptions of stars in the solar system, tips for making shadow puppets etc. The illustrations are attractive, in bold colours. There are plenty of pleasing flaps and fold-out pages, as well as two pages of stickers for making up stories on scenes which are provided. One double-page spread is covered with splendid glow-in-the-dark animals. While children will be entranced by the drawings, flaps and cut-outs, adults will doubtless also be attracted by the promise of an easier bedtime. Adults aside, the ideal candidate for this book would be between five and eight years old.